



## FOOD

### **Breakfast Burrito 9**

*scrambled egg, crispy potato, cheese, salsa, cilantro*

### **Egg & Cheese Sandwich\* 8**

*bacon, sausage, or avocado*

### **Avocado Toast 11**

*jammy egg, herb salad, sourdough*

### **Fruit & Nut Granola 11**

*whipped yogurt, TN honey*

### **Fruit Bowl 7**

*seasonal selection*

*\*Consumption of raw or undercooked meats, fish, eggs, or dairy may cause foodborne illness*

# Good Morning

**Executive Matt Bell and Team**

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@GrayandDudley

## COLD DRINKS

*Fresh Squeezed Orange Juice 5*

*Cranberry Juice 4*

*Apple Juice 4*

*Milk 4*

*Iced Tea 3*

## HOT DRINKS

### **Frothy Monkey Roasting Company**

*'12South' Blend 3*

*Espresso 4*

*Americano 4*

*Cappuccino 5*

*Latte 5*

### **Firepot Rituals Tea 4**

*Chai, Yerba Mate, Hibiscus Rose, Matcha Green, Chamomile*

### **#stopsucking**

We've eliminated plastic straws from the menu. Can't let go just yet? We're happy to provide a biodegradable paper straw upon request.